

Spectrum for Psychosocial Impairment of Functioning
Self-Report Adult, 1-Month Version (SPIF-SRA-1Mo)

Maser, J.D., Patterson, T., Pedrelli, P., Endicott, J.,
Fagiolini, A., Frank, E., Grochocinski, V.J., Rucci, P.,
Shear, M.K., Mauri, M., Cassano, G.B.

DRAFT - Version January 22, 2002

Subject ID _____

Date of Birth ____/____/____
mm dd yy

Today's Date ____/____/____
mm dd yy

Sex _____ Male _____ Female

Race

- 1 = White
- 2 = African-American
- 3 = Asian
- 4 = Hispanic
- 5 = American Indian
- 6 = Other

Marital Status

- 1 = Never married
- 2 = Married
- 3 = Separated
- 4 = Divorced
- 5 = Widowed
- 6 = Common Law

Employment Status

- 1 = Full-Time
- 2 = Part-Time
- 3 = Incarcerated
- 4 = Laid Off
- 5 = Disabled
- 6 = Retired
- 7 = Leave of Absence
- 8 = Unemployed (self-supporting)
- 9 = Unemployed (on public assistance)
- 10 = Volunteer
- 11 = Student

Years of Education _____

Have you ever sought or received help from someone else for problems with
your mood or behavior? Yes ____ No ____

Have you had a physical illness of long duration that has affected your daily
life? Yes ____ No ____

Are you currently on any drugs or prescribed medications? Yes __ No __

If yes, please list them: Name of Drug | Reason for Taking

1.

2.

3.

4.

5.

6.

To be completed by research staff

SITE

The following questions refer to the last month (30 days) of your life. The questions are arranged in 7 sections. These sections ask about how, in the last month, you managed your homelife, work, education, leisure time, family and friends, how you got around, and what you feel that you have accomplished. Circle that point on the scale that best fits you.

A-HOUSEHOLD MANAGEMENT

Please answer this section only if you are 18 years or older. This section refers to places where you have lived in the last month (30 days), such as rooms, dormitory, apartments, or homes.

Because of a lack of energy or interest, worries or fears, inability to get your act together, being too choosy, or any psychological or emotional problems ...

1. ... you had trouble keeping your place clean in the past month.

Not Applicable	Never Have Trouble	2	Some Times	4	Always Have Trouble
0	1	2	3	4	5

2. ... you had trouble shopping for food, getting meals, or cooking.

Not Applicable	Never	2	Some Times	4	Always
0	1	2	3	4	5

3. ... you had trouble doing laundry or keeping your clothes and other things clean.

Not Applicable	Never	2	Some Times	4	Always
0	1	2	3	4	5

4. ... you had trouble paying your bills (even though you had the money).

Not Applicable	Never	2	Some Times	4	Always
0	1	2	3	4	5

5. ... you had trouble managing your budget.

Not Applicable	Never	2	Some Times	4	Always
0	1	2	3	4	5

6. ...you had trouble with the upkeep of your home (e.g., fixing things that broke, replacing things that were worn out, doing it yourself or hiring others to do the job).

Not Applicable	Never		Some Times		Always
0	1	2	3	4	5

7. ... you had trouble caring for your yard, garden or plants in the past month.

Not Applicable	Never		Some Times		Always
0	1	2	3	4	5

8. ...you had trouble caring for a pet.

Not Applicable	Never		Some Times		Always
0	1	2	3	4	5

9. ... you had one or more of your utilities cut-off or there was a threat to cut them off.

Not Applicable	Never	Utility Made A Threat	Utility Cut Off		code
0	1	2	3		

10. .. you lost your own place of residence or were threatened with its loss.

Not Applicable	Never	Landlord/ Bank Threatened	Lost Residence		code
0	1	2	3		

11. .. you lived with family or friends, and they asked you to leave.

Not Applicable	Never	Threatened Only	Demanded I Leave		code
0	1	2	3		

B-OCCUPATIONAL

This section refers to your work during the past month (30 days).

12. In the past month have you been employed or worked for money? (Include self-employment.)

_____ Yes (Parttime) _____ Yes (Fulltime) _____ No, Not Employed

If the answer is "No" check the reason(s) why and skip to Question 23.

- _____ Took care of home and/or family member(s)
- _____ Was too physically ill or disabled
- _____ Was too emotionally or psychologically upset
- _____ Other (specify _____)

If the answer is "Not Employed," check the reason(s) why and skip to Question 23.

- _____ Took care of home and/or family member(s)
- _____ Was too physically ill or disabled
- _____ Was too emotionally or psychologically upset
- _____ Other (specify _____)

If the answer is "Yes" then continue with Questions 13 to 22.

Because of a lack of energy or interest, worries or fears, inability to get your act together, being too choosy, or any psychological or emotional problems ...

13. ... you were underemployed, for example, working only part-time or working in a job for which you were over-qualified.

Not Applicable	Never Underemployed		Some Times		Always Underemployed
0	1	2	3	4	5

14. ... you felt that your work was not as well done as that of others in the same or similar job.

Not Applicable	Never		Some Times		Always
0	1	2	3	4	5

15. ... other people (such as your boss, co-workers, customers) noticed that your work was not as well done as that of others during the past month.

Not Applicable	Never		Some Times		Always
0	1	2	3	4	5

16. ... you felt that you were slow or you didn't get as much done as you should at work.

Not Applicable	Never		Some Times		Always
0	1	2	3	4	5

17. ...other people (such as your boss, co-workers, customers) noticed that you were slow or didn't get as much done as you should at work.

Not Applicable	Never		Some Times		Always
0	1	2	3	4	5

18. ... you needed help from others to get your work done.

Not Applicable	Never		Some Times		Always
0	1	2	3	4	5

19. ...you just didn't show up for work.

Not Applicable	Never Missed Work		Some Times		Frequently Missed Work
0	1	2	3	4	5

20. ... you declined or avoided additional responsibility during the past month.

Not Applicable	Never		Some Times		Always
0	1	2	3	4	5

21. ... you were threatened with demotion or had some responsibilities taken away during the past month.

Not Applicable	Never		Some Times		Always
0	1	2	3	4	5

22. ... you were fired or laid off during the past month.

Not Applicable	No	Yes			
0	1	2			code

C-EDUCATION / TRAINING

This section refers to your education and training – high school, college and any vocational training in which you were engaged during the past month (30 days).

In the past month have you been in school or training, either on your own or through your employer?

_____ Yes (Parttime) _____ Yes (Fulltime) _____ Not in Training

If the answer is "Not in Training" during the past month, skip to question 33. If the answer is "Yes," continue with question 23.

Because of a lack of energy or interest, worries or fears, inability to get your act together, being too choosy, or any psychological or emotional problems ...

23. ... you got low grades in school, did little work, or did as little as you could get away with.

Not Applicable	Never		Some Times		Always
0	1	2	3	4	5

24. ... your family noticed that your performance in school suffered.

Not Applicable	Never		Some Times		Always
0	1	2	3	4	5

25. ... other people (such as teachers, fellow students) noticed that the quality of your school-work / vocational training was lower than expected.

Not Applicable	Never		Some Times		Always
0	1	2	3	4	5

26. ... compared to others, it took you longer to do your homework, projects, or tests.

Not Applicable	Never		Some Times		Always
0	1	2	3	4	5

27. ... you found that you needed help from others to get your school-work / training done.

Not Applicable	Never		Some Times		Always
0	1	2	3	4	5

28. ... you expected that it would take you more time to complete your course of study or training (because you dropped or failed courses, or had trouble concentrating).

Not Applicable	Never		Some Times		Always
0	1	2	3	4	5

29. ... you just did not show up for school or vocational training during the past month.

Not Applicable	Never Missed A Day		Some Times		Very Frequently
0	1	2	3	4	5

30. ... you got into trouble during school or vocational training (e.g., being sent to the principal or suspended) during the past month.

Not Applicable	Never		Some Times		Always
0	1	2	3	4	5

31. ... you took a leave of absence from school or training.

Not Applicable	Never		Some Leave		Most of the Month
0	1	2	3	4	5

32. ... you were asked to leave school or vocational training during the past month.

Not Applicable	Never Asked To Leave	Threatened	Asked To Leave		
0	1	2	3		code

D-LEISURE TIME

The questions in this section refer to how you spent your free time in the past month (30 days) (e.g., church, family, hobbies, sports).

Because of lack of energy or interest, worries or fears, inability to get your act together, being too choosy, or any psychological or emotional problems

...

33. ... you had difficulty finding a good way to relax or have fun.

Not Applicable	Never Had Problems Relaxing	2	Some Times	4	Always Had Problems Relaxing
0	1	2	3	4	5

34. ... you had problems finding time to relax or have fun.

Not Applicable	Never	2	Some Times	4	Always
0	1	2	3	4	5

35. ... you had problems during the past month doing things with others, such as sports, church socials, or other social or cultural activities.

Not Applicable	Never	2	Some Times	4	Always
0	1	2	3	4	5

36. ... others asked you to join them when they were relaxing and having fun.

Not Applicable	Always	2	Some Times	4	Never
0	1	2	3	4	5

37. ... you reduced or stopped your participation in a hobby or other leisure activity during the past month.

Not Applicable	Never Stopped	2	Some Times	4	Totally Stopped
0	1	2	3	4	5

38. ... you became over-involved in a hobby or other leisure activity.

Not Applicable	Never	2	Some Times	4	Always
0	1	2	3	4	5

39. ... you reduced or stopped doing things with other people, like playing sports, dating, having a drink with friends, going to the movies with others, visiting your family or relaxing in other ways.

Not Applicable	Never Stopped	2	Some Times	4	Totally Stopped
0	1	2	3	4	5

E-SOCIAL/FAMILY RELATIONSHIPS

These questions consider your family, friends, co-workers, and other people in your life during the past month (30 days).

Because of lack of energy or interest, worries or fears, inability to get your act together, being too choosy, or any psychological or emotional problems

...

40. ... you thought that you had too few friends in the past month.

Not Applicable	Never		Some Times		Always
0	1	2	3	4	5

41. ... you had difficulty making friends.

Not Applicable	Never		Some Times		Always
0	1	2	3	4	5

42. ... you had trouble keeping friends during the past month.

Not Applicable	Never		Some Times		Always
0	1	2	3	4	5

43. ... you had difficulty getting along with your family and other people.

Not Applicable	Never		Some Times		Always
0	1	2	3	4	5

44. ... you had difficulty cooperating with other people, like playing on a team or making plans or working on a project.

Not Applicable	Never		Some Times		Always
0	1	2	3	4	5

45. ...you had difficulty with activities that required being around other people.

Not Applicable	Never		Some Times		Always
0	1	2	3	4	5

46. ... you had difficulty standing up for yourself, making your feelings known, expressing your opinion or disagreeing with someone.

Not Applicable	Never		Some Times		Always
0	1	2	3	4	5

47. ... you had trouble starting or keeping a close relationship in the past month.

Not Applicable	Never		Some Times		Always
0	1	2	3	4	5

48. ... you had difficulty confiding in others during the past month.

Not Applicable	Never		Some Times		Always
0	1	2	3	4	5

49. ... you were too dependent on your family during the past month.

Not Applicable	Never		Some Times		Always
0	1	2	3	4	5

50. ... you didn't pay enough attention to or neglected to take care of children and/or family members.

Not Applicable	Never		Some Times		Always
0	1	2	3	4	5

F-MOBILITY

These questions relate to getting around and moving during the past month (30 days).

Because of lack of energy or interest, worries or fears, inability to get your act together, being too choosy, or any psychological or emotional problems

...

51. ... you had difficulty leaving your home.

Not Applicable	Never		Some Times		Always
0	1	2	3	4	5

52. ... you had trouble driving during the past month.

Not Applicable	Never		Some Times		Always
0	1	2	3	4	5

53. ... you had difficulty taking buses, subways or trains.

Not Applicable	Never		Some Times		Always
0	1	2	3	4	5

54. ... you had difficulty taking boats or planes during the past month.

Not Applicable	Never		Some Times		Always
0	1	2	3	4	5

55. ... you had difficulty travelling beyond your local area or even to a different place to live in the same town.

Not Applicable	Never		Some Times		Always
0	1	2	3	4	5

56.you had difficulty sleeping away from home during the past month.

Not Applicable	Never		Some Times		Always
0	1	2	3	4	5

57. ... you had difficulty going into stores, shops, restaurants or other places.

Not Applicable	Never		Some Times		Always
0	1	2	3	4	5

G -- SEXUAL FUNCTIONING

These questions relate to how you felt and behaved in intimate and sexual activities during the past month (30 days).

Because of lack of energy or interest, worries or fears, inability to get your act together, being too choosy, or any psychological or emotional problems

...

58. ... you had trouble establishing or maintaining an intimate relationship during the past month?

Not Applicable	Never		Some Times		Always
0	1	2	3	4	5

59. ... you could not be sexually intimate with someone during the past month?

Not Applicable	Never Intimate		Some Times		Very Frequently Intimate
0	1	2	3	4	5

60. ... you were dissatisfied with the frequency of sexual intimacy that you experienced?

Not Applicable	Never		Some Times		Always
0	1	2	3	4	5

61. ... you had fewer or more sexual partners than usual?

Not Applicable	No Change		Somewhat Fewer/More		Many Fewer/More
0	1	2	3	4	5

62. ... you did not make an effort to initiate activity that could lead to intimacy?

Not Applicable	Never Made an Effort		Some Times		Made an Effort Very Frequently
0	1	2	3	4	5

63. ... you did not make an effort to initiate sexual activity with a partner?

Not Applicable	Never Made an Effort		Some Times		Very Frequently Made an Effort
0	1	2	3	4	5

64. ... you did not respond to sexual advances by someone you like?

Not Applicable	Never Responded		Some Times		Always Responded
0	1	2	3	4	5

65. ... you tended to fantasize about an intimate encounter rather than actually have one?

Not Applicable	Never Prefer to Fantasize		Some Times		Always Prefer to Fantasize
0	1	2	3	4	5

66. ... you practiced unsafe sex?

Not Applicable	Never Practice Unsafe Sex		Some Times		Always Practice Unsafe Sex
0	1	2	3	4	5

67. ... you felt that you were not sexually appealing to others in the past month?

Not Applicable	Never Sexually Appealing		Some Times		Always Sexually Appealing
0	1	2	3	4	5

68. ... you felt dissatisfied after sexual activity during the past month?

Not Applicable	Never		Some Times		Always
0	1	2	3	4	5

69. ... you had a strategy for establishing or maintaining an intimate relationship with someone?

Not Applicable	Never		Some Times		Very Frequently
0	1	2	3	4	5

1. Have you had any problems in the past month (30 days) that we did not ask about? If so what are they?

THANK YOU FOR COMPLETING THE QUESTIONNAIRES!